



Speaking Sense About Sex

7-8 September, 2013
GLEN INNES

In response to the problems our youth, and indeed all ages are facing regarding sexuality and its prominence in society, Dr Patricia Weerakoon will be presenting 3 seminars aimed to educate and offer insight into the effects of a sex-saturated society on our children, our youth, and within our relationships.

Clearly this is a big issue, so we have provided three forums to begin healthy conversations about these issues in the community.

THERE IS NO CHARGE FOR THESE SESSIONS.

ABOUT THE SPEAKER

Dr Patricia Weerakoon is a highly regarded public speaker and social commentator in sexuality and sexual health.

A medical doctor turned Sexologist and Writer, she has translated her passion to bring good holistic sexual health to all people into practical sex education, sex research and sex therapy.



PROGRAMME

Talk 1: Empowering Eve: A Challenge to Women to Healthy Sexuality and Great Relationships

Saturday 7th September 3.30pm • Glen Innes High School Gymnasium

Recommended audience: Women only, 18+.

Relevant to all women, but aimed at women in a relationship.

This interactive women's-only seminar explores the female sexual response, and how it differs from the male response and the complementary nature of male and female roles in the home and the bedroom. Common myths and misconceptions will be discussed and difficult issues will be explored. Some topics: What happens to our bodies when we get "turned on"? Sexual communication. Is an orgasm essential for sexual satisfaction? What to do when sex is difficult or inconvenient? What sex variations are appropriate or helpful?

Talk 2: Teens, Sex and Technology

Saturday 7th September 7pm • Glen Innes High School Gymnasium

Recommended audience: Parents, potential parents and youth workers.

Youth 15+ may be invited to attend (at the discretion of parents).

In an age of cyber-communication and pornography, the myths and misunderstandings of sex are rife. This presentation aims to give us a healthy perspective on education and sexual reality in this world. There is a special emphasis on issues such as the role of social media, cyber relationships, cyber bullying and pornography.

Talk 3: Sex, Intimacy and the Mind of God

Sunday 8th September 1pm • Holy Trinity Anglican Church.

Cnr of West Avenue & Meade Street, Glen Innes.

Recommended audience: Suitable for Christians and the general community.

Age 15+.

Does scientific sex research contradict the Bible? Are we just a bundle of hormones? Is there a real connection between love, commitment and sex, or can I just 'do it' for fun? This presentation explores recent research on sexual desire (eros), attraction (love) and long term attachment (bonding) in terms of a Biblical model of healthy sexuality and marriage. It explores the connection between biological and social research and Biblical patterns for love and relationships.

Sponsored by Holy Trinity Anglican Church

FOR MORE INFORMATION

Email: speakingssensegi@gmail.com

Chris Brennan: (02) 6732 5558

Samantha: 0428 380 943 Kathryn: 0447 332 202

Website: gleninnesanglicanchurch.com